

Red Cross and Red Ribbon Club

Activities (2022-2023)

1. A quiz competition was organised on 20th September, 2022 on the topics: HIV-AIDS, TB, drugs and blood donation. The aim was to aware the students about these issues and they received awareness about the effects of drugs, how to save themselves from AIDS, TB and the students were also motivated for blood donation.



2. On 28th September, 2022 a cycle rally was organised by the Red Ribbon Club to commemorate the 150th birth anniversary of Shaheed Bhagat Singh. 15 students participated in it and the overall aim of the rally was to inculcate patriotic values among the students.



3. Posters were made by students on 30th September, 2022 on the theme 'Blood Donation' and 17 students participated. The take-away message was to motivate students to donate blood so that it can be used to save lives of needy people in the society, as many people die because of unavailability of blood during accidents, etc.



4. A lecture by Brahmakumaris was given on 12th October, 2022 on stress management. This lecture was much needed by the students and staff members because of today's stressful life. 20 students participated in it and everybody benefitted greatly from the lecture.



5. World AIDS Day was celebrated on 1st December, 2022. Poster-making competition was conducted and prizes were given to the winners. A lecture on 'HIV-AIDS & Self-Hygiene' was delivered by a team from Government Hospital, Phase-6, Mohali.



ਸ਼ਹੀਦ ਮੇਜਰ ਹਰਮਿੰਦਰਪਾਲ ਸਿੰਘ (ਸ਼ੌ.ਚੌ.ਵਿ.) ਸਰਕਾਰੀ ਕਾਲਜ, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ।
SHAHEED MAJOR HARMINDERPAL SINGH (S.C.V.) GOVERNMENT COLLEGE, SAHIBZADA AJIT SINGH NAGAR

Phase-6, Sahibzada Ajit Singh Nagar-160055 Phone No. 0172-2225164

e-mail ID: principal.gcmohali@gmail.com



6. First-aid support was provided to the students on the occasion of Sports Day celebrated in the college on 3rd March, 2023.



7. On the occasion of World Red Cross Day, posters were made and displayed in an exhibition by students on 8th May, 2023. The aim of this activity was to motivate students for blood donation and overall, 20 students participated in it.



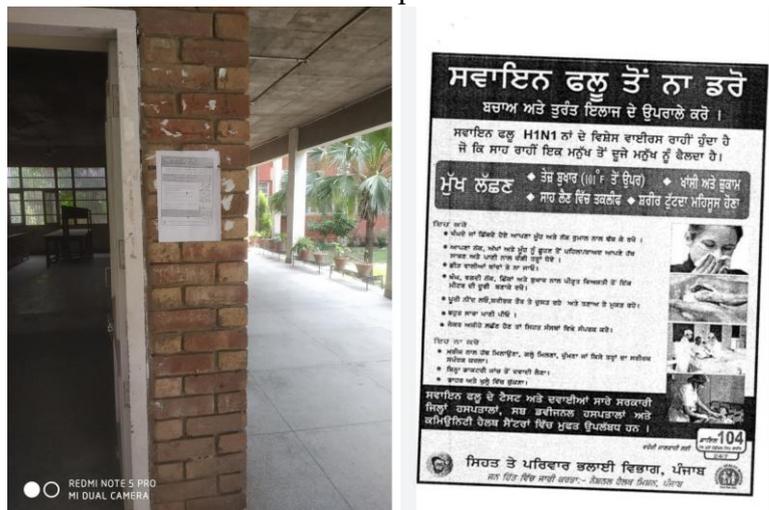
8. On 13th April, 2023, a free eye-check up camp was organised in the college in collaboration with J.P. Eye Hospital, Phase-7, Mohali. The aim of this camp was to aware the staff and students to not ignore their eyes and avoid self-medication.



9. Vending machines for sanitary napkins were installed on 11th January, 2023 in girls' washrooms so that they can take napkins from the machines in emergency.



10. Pamphlets were posted on the walls, notice boards in order to aware student about Swine Flu. A lecture was given by an expert to aware the students about the symptoms and precautions needed to be taken and to spread awareness about health issues.



11. 2 students of Red Ribbon Club participated in district-level quiz competition held at Chandigarh University, Gharuan, Mohali on 7th October, 2022.